



SMART TRAINING SMART THINKING SMART EATING

**BOWEN HILLS (PERRY PARK) CLASS TIMETABLE AS AT MAY 2011
PLEASE NOTE THIS IS SUBJECT TO CHANGE WITHOUT NOTICE**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5.30	Boot Camp Access by appointment	Mixed Class Access by appointment	Boot Camp Access by appointment	Mixed Class Access by appointment	Boot Camp Access by appointment	Closed
6.30	Men With Guts Access by appointment	Women Weight Loss Access by appointment	Men With Guts Access by appointment	Women Weight Loss Access by appointment	Men With Guts Access by appointment	
7.30	Women Weight Loss Access by appointment	PT Access by appointment	Women Weight Loss Access by appointment	PT Access by appointment	Women Weight Loss Access by appointment	
8.30	PT Access	PT Access	PT Access	PT Access	PT Access	
9.30	Happy Mums Access	PT Access	Happy Mums Access	PT Access	PT Access	
10.30	Master In Motion Access	Heart Moves Access	Master In Motion Access	Heart Moves Access	Master In Motion Access	
11.30	PT Access	PT Access	PT Access	PT Access	PT Access	
12.30	PT Access	PT Access	PT Access	PT Access	PT Access	
1.30	PT Access	PT Access	PT Access	PT Access	PT Access	
4.00	Teen Fitness Access by appointment	PT Access by appointment	Teen Fitness Access by appointment	PT Access by appointment		
4.45	PT Access by appointment	PT Access by appointment	PT Access by appointment	PT Access by appointment		
5.30	Mixed Class Access by appointment	Boot Camp Access by appointment	Mixed Class Access by appointment	Boot Camp Access by appointment		